

# GLUTEN FREE MENU



HOTEL RUDYARD

## SALADS

### BEETROOT & YOGHURT **£12.95**

Honey-glazed beetroot mixed with yoghurt and green apple topped with feta cheese

### QUINOA SALAD **£13.95**

Mixed lettuce, avocado, tomato, quinoa, sunflower seeds & pumpkin seeds served with a lemon mustard dressing

### ADD CHICKEN OR HALLOUMI **£2.95**

## LIGHT BITES

Available until 5 pm  
Monday-Saturday

All sandwiches served on gluten free bread with a side of gluten free fries and salad garnish

### CORONATION CHICKEN **£13.95**

Chicken in a mild curried mayonnaise with sultanas

### SUMMER TOMATO CHEESE **£12.95**

Classic cheddar cheese toastie with tomato

### HONEY GLAZED HAM **£14.95**

Lettuce, tomato, ham & honey mustard

## GRILL

All served with buttered mushroom, grilled tomato and chunky chips

### SIRLOIN STEAK **£28.95**

A tender, juicy cut with a rich beef flavour, grilled to your liking and perfectly seasoned for a classic steak experience

### RUMP STEAK **£26.95**

Full of bold, hearty flavour, this lean and satisfying steak is expertly cooked for a delicious robust bite

### GAMMON STEAK **£17.95**

A thick-cut cured pork steak, grilled until succulent and smoky, offering a savoury and comforting flavour

### GRILLED CHICKEN BREAST **£17.95**

Succulent chicken breast with a tender juicy finish, served with salad, chunky chips and a creamy mushroom sauce

### GRILLED HALLOUMI **£17.95**

Golden grilled halloumi cheese with a crisp exterior and soft centre served with a spiced fruit chutney

### ADD A SAUCE : BLUE CHEESE **£2.95**

MUSHROOM

PEPPERCORN

## SIDES

### SKIN ON FRIES **£4.95**

### CHUNKY CHIPS **£4.95**

### SWEET POTATO FRIES **£4.95**

### SEASONAL VEGETABLES **£4.95**

### TRUFFLE & PARMESAN FRIES **£6.95**

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## STARTERS

**SOUP OF THE DAY** **£6.95**  
Served with gluten free toasted bread and butter

**GARLIC MUSHROOM FRITTER** **£7.95**  
Batter-fried garlic mushrooms with creamy ranch sauce

**DYNAMITE SHRIMP** **£9.95**  
Batter-fried shrimp served with lettuce and creamy sriracha chilli sauce

## BURGERS

All burgers served in gluten free seeded bun with gluten free fries, lettuce and tomato

**DUNWOOD BURGER** **£17.95**  
Mature cheddar cheese with homemade sauce

**JACK DANIEL BURGER** **£18.95**  
JD & BBQ-marinated pulled beef brisket, 6oz Dunwood beef with home made burger sauce

**GRILLED CHICKEN BURGER** **£17.95**  
Cajun-marinated grilled chicken breast with ranch mayo

**MEDITERRANEAN VEG BURGER** **£14.95**  
Breaded Mediterranean falafel patty with tahini sauce

## MAINS

**PAN FRIED SEABASS** **£19.95**  
Served with braised fennel, colcannon potato, pak choi and lobster bisque

**GNOCCHI ARRABBIATA** **£15.95**  
Arrabbiata sauce, pesto, vegetables, cheese and crispy basil

## CLASSIC DISHES

**TODAY'S SPECIAL PIE** **£17.95**  
Shortcrust pastry pie served with seasonal vegetables, chips and gravy

**FISH 'N' CHIPS** **£18.95**  
Served with chunky chips, mushy peas, tartare sauce, and a lemon wedge

**BAKED JACKET POTATO** **£14.95**  
Served with cheese and salad  
**SOUR CREAM & CHIVE**